

VOLUNTEER NEEDS

LIST PROVIDED BY LOVE OUT LOUD MINISTRIES W-S

VOLUNTEER IN THE COMMUNITY

EVENING MEAL DISTRIBUTION

The Ministers Conference of Winston-Salem and Vicinity & Love Out Loud are partnering with Second Harvest Food Bank and Providence Kitchen (as well as many, many other partners) to help distribute "**Grab & Go**" meals to our communities through nine local churches. Volunteers are needed Monday - Friday to help with the **setup and traffic flow for a drive-through** distribution/low touch. Volunteers must be 16-60, wear closed-toe shoes, and bring their own water. Parking is available on-site. Food is distributed to individuals 0 - 18. Meals can be taken for children who are not present.

[click here to sign up](#)

ST. PETERS WORLD OUTREACH CENTER WE CARE HOUSE

They are in need of volunteers for their **local food pantry**. The We Care House will operate Tuesday/Thursday 9am-12pm and 1st and 3rd Saturday 9am-2pm.

[click here to sign up](#)

SAMARITAN MINISTRIES

Their programs include a **soup kitchen** and **overnight shelter** for homeless men and other vulnerable populations in Winston-Salem. They have made preventative adjustments to their food operations during the COVID-19 outbreak. They are also in need of additional volunteers to help with their **to-go soup kitchen** and **overnight guest operations**, as some regular volunteers who are at higher risk for COVID-19 complications are unable to help for the foreseeable future. If you are interested in volunteering and feel comfortable doing so, you can visit the link for their volunteer registration portal below. If you would like to serve but do not want to be near or close to others, email Vania Elliot to serve on one of the afternoon shifts from 4:30-6:30pm. You will help prepare dinner with a staff member of Samaritan Ministries.

[click here to sign up](#)

[Email Vania Elliot](#)

VOLUNTEER IN THE COMMUNITY CONTD.

HOPE OF WINSTON SALEM

H.O.P.E. is continuing to *create and distribute healthy food* into vulnerable neighborhoods. They have an immediate need for *drivers and volunteers* for additional deliveries (W Th F Sa Su).

[click here to sign up](#)

CITY LIGHTS

City Lights Ministry is committed to providing hope and building futures for children and families living in adverse conditions. One of the ways that they serve the community is with mobile trucks that deliver food and other supplies to neighborhoods. Right now, City Lights is looking for help collecting food, getting groceries to those who need them, and with food donations. They are specifically in need of the following items: pop tarts, Easy Mac, canned veggies, canned spaghetti's, can soups, ramen noodles, canned chicken, crackers, juice boxes, and other snack items. City Lights is also in need of volunteers to help sort clothes so they can distribute them to children in the area.

[click here for more info](#)

[click here to make a financial contribution](#)

AMERICAN RED CROSS

Currently there is a severe *blood shortage*, and *healthy, eligible donors are urgently needed*. This is due to blood drive cancellations across the country and it is expected to worsen.

[click here for more info](#)

WINSTON SALEM RESCUE MISSION

Daily small groups of volunteers (2-3 people) are needed for various projects including kitchen cleaning, organizing, landscaping, etc. In addition, they are selling Alpha Acres and need help clearing out the facility. The clearing of Alpha Acres could be a good opportunity for a large group.

[click here for more info](#)

VOLUNTEER FROM HOME

HOME CARE PACKAGES

A local leader is helping create *Home Care Packages* for local students including supplies to assist with their mental health and boredom while at home.

[click here for more info](#)

PROJECT MASK WINSTON - SALEM

Project Mask WS is creating homemade masks for local healthcare providers and immunocompromised individuals who are unable to find masks. If you can sew and would like to help, please do! When you have sewn as many masks as you can

[click here to volunteer](#)

DONATIONS NEEDED

CRISIS CONTROL

Crisis Control is in need of donations to their *client choice food pantry and also Sanitation/Toiletry Kits*. Drop Off's can be made at their Winston-Salem (200 East Tenth Street, 27101) or Kernersville (431 W Bodenhamer St., 27284) locations.

[click here for more info](#)

THE COMMUNITY HEALTH ALLIANCE - MOBILE HEALTH CLINIC

The Mobile Health Clinic is continuing to provide care to uninsured adults in Winston-Salem. They partner with The Salvation Army Center of Hope and are in need of *hand sanitizer, hand soap, disinfectant, and non-latex gloves*.

How to help:

1. Order on Amazon and Deliver to: Salvation Army, Center of Hope, 1255 Trade St NW, Winston-Salem, NC 27101
2. Drop-off Supplies at: Salvation Army, Center of Hope, 1255 Trade St NW, Winston-Salem, NC 27101

DONATIONS NEEDED CONT'D

HOPE OF WINSTON - SALEM

H.O.P.E. is continuing to create and distribute healthy food into vulnerable neighborhoods. They have an immediate need for *sliced bread* & *bottled water* (Drop off 9:00 - 11:00 am on Wed - Fri and 9:00 - 12:00 pm Sat at 355 NW Crawford Place - Winston Salem, NC 27105).

info@hopews.org

MOUNTAIN VALLEY HOSPICE AND PALLIATIVE CARE

They are dedicated to continuing their services to patients during the COVID-19 pandemic. Supplies are becoming difficult to order, and they are in need of: *N-95 Grade Masks, shoe covers, protective eye wear (goggles), and hand sanitizer.*

Call Melissa Hiatt at
1-888-789-2922

DIAPER BANK OF NORTH CAROLINA

The Diaper Bank of NC is in need of *diapers (especially sizes 2 & 5)*. Diapers can be dropped off at their warehouse in Winston-Salem.

Call for drop off & more info
(336) 830-4579

SAMARITAN MINISTRIES

They have made preventative adjustments to their food operations during the COVID-19 outbreak, *transforming lunch service into to-go dining*. As such, they are *in need of some additional supplies*, which can be ordered and delivered directly to Samaritan through their Amazon wish list. You may also deliver via their back donation door--please see their website for a list of most-needed items and drop-off hours.

[Amazon wish list](#)

[website](#)

DONATIONS NEEDED CONTD.

SECOND HARVEST FOOD BANK

In the wake of the COVID-19 health crisis, we need your help more than ever supporting safe *access to food resources* for our community. Donate below.

[donate here](#)

WINSTON-SALEM FORSYTH COUNTY SCHOOLS

If you are interested in donating *basic school supplies*, you can drop them off at the WS/FCS Warehouse at 4307 Idlewild Industrial Drive in Winston-Salem weekdays from 8 a.m. until 4 p.m. Click below for more information.

[click here for more info](#)

WINSTON-SALEM RESCUE MISSION

WSRM is continuing to serve its residents and the community. Below are ways that you can donate or help. Contact the email below.

They are in need of the following items for their Food Pantry and Mission Kitchen: *peanut butter, jelly, coffee, creamer, breakfast meats* (especially), *potatoes* (fresh or instant), *cooking oil, milk, and bread*.

Make *goodie bags* (candy, soda, chips, a note of encouragement). There are currently 55 men in their Life Builders program and 20 in their Transformers Program.

Prepare a meal or have *pizza delivered* to their Transformer residents (20) one night. Drop of items for an *ice cream* bar for both programs.

volunteer@wsrescue.org

COMMUNITY "DRIVE THRU" FOOD DRIVE

Rural Hall is having a *community-wide "drive-thru" food drive* alongside many churches and buisnesses in the area. If you are interested in participating or donate please email Jonny Dobbins at Two Cities Church .

Jonathan@twocitieschurch.net

HEALTH PROTOCOLS FOR VOLUNTEERS

As we navigate through these challenging and unsettling circumstances due to the current COVID-19 (novel Coronavirus) the outbreak, we realize that many of you have questions and concerns. Please rest assured that our local medical center leaders are hard at work to support the needs of the organization and will provide real-time updates as decisions are made and solutions are identified.

YOU CAN VOLUNTEER IF YOU...

- Are in good overall health
- Have not had a temperature of 100.4 or greater
- No flu-like symptoms
- No diarrhea
- No recent or prolonged exposure of flu
- No recent or prolonged exposure of Coronavirus
- All volunteers as asked to continually monitor all of the above guidelines, especially checking their own temperatures, to assure we are not spreading the virus even in our attempts to meet basic critical needs.
- Given the short supply of hand sanitizer, it is helpful if you bring a trial size portion for your own use in order to stretch our community's supply. However, be assured that there will be hand sanitizer at every site where you volunteer.

YOU SHOULD NOT VOLUNTEER IF YOU...

- Have been exposed to someone with the flu or Coronavirus
- Have a fever
- Over the age of 65+ years
- Have a health condition (i.e. heart disease, lung disease, or diabetes) or diagnoses that have weakened your immune systems
- If you are a college student returning home and looking to volunteer, we ask that you self-quarantine and remain fever-free for 14 days before joining any in-person volunteer effort.

PRECAUTIONS FOR VOLUNTEERS...

- Wash your hands often with soap and water for at least 20 seconds or when soap and water are not readily available use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching your face - eyes, mouth, and nose.
- Wash or sanitize between each contact and as soon as possible after touching surfaces.
- Avoid close proximity to others. You should be spaced at least 6-ft apart.
- Wear gloves when coming in contact with food or in volunteering tasks. Wash hands before gloves are put on and after they are removed. Change gloves when they are soiled or torn.

WHAT IF I THINK I HAVE COVID-19 OR A FAMILY MEMBER MAY HAVE THE ILLNESS?

IT'S IMPORTANT THAT YOU FOLLOW THE CDC'S STEPS TO HELP PREVENT THE DISEASE FROM SPREADING TO PEOPLE IN YOUR HOME AND COMMUNITY:

- **Stay home** except to get medical care. People with mild illness from COVID-19 can isolate at home during their illness. Do not go to work, school or daycare.
- **Contact your physician** or the facility where you receive medical care.
- **Monitor your symptoms.** Seek prompt medical attention if your illness worsens (for example, you have difficulty breathing).
- **Call ahead before visiting a doctor.** Call your provider and tell them that you have or may have COVID-19. This will help prevent other people at the provider's office from getting infected or exposed.
- **Separate yourself** from other people and animals in your home. As much as possible, stay in a specific room and away from others in your home. Also use a separate bathroom, if available.
- **Wear a face mask** when you are around other people or pets and before entering your health care provider's office. If you are not able to wear a face mask, people who live with you should not stay in the same room with you or should wear a face mask if they enter your room.
- **Cover your coughs and sneezes with a tissue**, and throw away used tissues in a lined trash can. Immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that has at least 60% alcohol.
- **Clean your hands often.** You can use soap and water or, if not available, a hand rub containing alcohol.
- **Avoid sharing personal household items**, like dishes, drinking glasses, eating utensils, towels or bedding with other people or pets in your home. After using, they should be washed thoroughly with soap and water.
- **Clean all "high-touch" surfaces every day.** These include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also clean any surfaces with blood, stool or body fluids on them. Use a household cleaning spray or wipe.